



13th International GOSICON 2026

Theme : Age with Movement, Move with Age

23rd - 25th October 2026

Venue : Indian Spinal Injuries Centre Multi-Speciality Hospital, New Delhi

Organized by: Geriatric Orthopaedic Society of India



SCIENTIFIC PROGRAMME

SARIN PARK | DAY-1 | 24TH OCTOBER | SATURDAY

Time	Topic	Speaker	Duration
07:00 AM - 08:00 AM	GOSICON TOWN HALL FOR SENIOR CITIZENS		
	Moderators: Dr Gururaj Sangondimath, Dr John Ebnezar		
07:00 AM - 07:10 AM	Health Talk - How to age Gracefully	Dr S. S. Jha (Patna)	10 mins
07:10 AM - 07:20 AM	Chief guest address to the gathering	Shri Jagmohan Mehlawat	10 mins
07:20 AM - 07:25 AM	Motivational Interaction with an International Geriatric Swimmer	Mr Ranjit Mony	05 mins
07:25 AM - 07:40 AM	Yoga- In Knee Osteoarthritis	Dr John Ebnezar (Bangalore)	15 mins
07:40 AM - 08:00 AM	Music		20 mins
	Breakfast and Interaction with World Renowned Orthopedic Surgeons		

AUDITORIUM | DAY-1 | 24TH OCTOBER | SATURDAY

Time	Topic	Speaker	Duration
08:00 AM ONWARDS	REGISTRATION		
08:30 AM - 09:40 AM	SESSION 1: TRAUMA		
	Chairpersons: Dr Kamal Khurana, Dr Sameer Mehta, Dr Tanmoy Mohanty		
08:30 AM - 08:40 AM	Current concepts and evolving fixation strategies for fragility fractures of distal femur in osteoporotic bone	Dr Ravi Sauhta (Gurugram)	10 mins
08:40 AM - 08:50 AM	AVN Femoral Head in Elderly people	Dr N. K. Magu (Gurugram)	10 mins
08:50 AM - 09:00 AM	Challenges in management of proximal tibial fractures	Dr Shivanand Bandekar (Goa)	10 mins
09:00 AM - 09:10 AM	Revisiting Phemister Bone grafting for non-union of tibia with compromised soft tissue	Dr S. S. Jha (Patna)	10 mins
09:10 AM - 09:20 AM	Secondary prevention in Osteoporotic fragility fractures	Dr Sameer Mehta (Delhi)	10 mins
09:20 AM - 09:30 AM	Foot and Ankle injuries in Geriatric generation	Dr Kumar Shantanu Anand (Purnia)	10 mins
09:30 AM - 09:40 AM	Degenerative lumbar canal stenosis- current concepts	Dr Mirant Dave (Ahmedabad)	10 mins
09:40 AM - 10:50 AM	SESSION 2: HIP		
	Chairpersons: Dr Pradeep Sharma, Dr K. N. Srikanth, Dr Rajiv Jain		
09:40 AM - 09:50 AM	Primary THR in Acetabular fractures	Prof Rajesh Malhotra (Delhi)	10 mins
09:50 AM - 10:00 AM	Periprosthetic fractures around hip in Geriatric patients	Prof Vijay Goni (Chandigarh)	10 mins
10:00 AM - 10:10 AM	Fixation over Replacement in Unstable IT fracture in Geriatric age group	Dr Rajesh Gupta (Jammu)	10 mins
10:10 AM - 10:20 AM	Treating Extremity fractures of Elderly with I/M nail using Novel " Trio-wire concept"	Prof S. C. Halder (Canada)	10 mins
10:20 AM - 10:30 AM	Replacement - A choice in Unstable IT fracture in Elderly	Dr Sanjeev Patnaik (Delhi)	10 mins
10:30 AM - 10:40 AM	Total hip arthroplasty in Protrusio acetabuli in Elderly	Dr K D Tripathi (Allahabad)	10 mins
10:30 AM - 10:50 AM	Discussion (Q&A)		10 mins
10:50 AM - 11:50 AM	SESSION 3: KNEE		
	Chairpersons: Dr Yash Gulati, Prof Rajesh Malhotra, Dr Ravi Chauhan		
10:50 AM - 11:00 AM	UKR in patients above 75 years	Dr Yash Gulati (Delhi)	10 mins
11:00 AM - 11:10 AM	Did we get Knee Replacement wrong in last few decades?	Dr K. N. Srikanth (Bangalore)	10 mins
11:10 AM - 11:20 AM	Complex Primary TKR	Dr Saurabh Moda (Delhi)	10 mins
11:20 AM - 11:30 AM	Is Knee Arthroplasty the final step - or Just one step in the Geriatric knee pathway	Dr Vishnu Senthil (Chennai)	10 mins
11:30 AM - 11:40 AM	Periprosthetic fractures around the knee in Elderly-to fix or replace.	Dr Rohit Rambani (UK)	10 mins
11:40 AM - 11:50 AM	Discussion (Q&A)		10 mins
11:50 AM - 12:10 PM	SESSION 4: PRESIDENTIAL LECTURE		
	Chairpersons: Dr S. S. Amarnath, Dr Prakash Sigedgar, Dr L. Prakash		
11:50 AM - 12:10 PM	Inflammaging - Evolving Geriatric bone and systemic changes & longevity solutions	Prof S. S. Jha (Patna)	20 mins
12:10 PM - 12:30 PM	SESSION 5: PAST-PRESIDENT'S LECTURE		
	Chairperson: Prof Ramesh Krishna K, Dr Shekhar Srivastava, Dr Hitesh Bhandari		
12:10 PM - 12:30 PM	Gases,Peptides, Molecules and Mitochondrial Masterplan for healthy old age.	Dr L Prakash (Chennai)	20 mins
12:30 PM - 12:50 PM	GOSI ORATION		
	Chairperson: Dr S. S. Jha, Dr John Ebnezar, Dr Sanjeev Patnaik		
12:30 PM - 12:50 PM	Is Technology and AI helping or hurting us. "An impartial commentary" A knee perspective	Dr Ashok Rajgopal (Gurugram)	20 mins
12:50 PM - 01:30 PM	LUNCH BREAK		
01:30 PM - 02:30 PM	SESSION 7: SPINE		
	Chairpersons: Dr Appaji Krishnan, Dr Shailesh Hadgaonkar, Dr G. D. Tharadara		
01:30 PM - 01:40 PM	Osteoporotic thoracolumbar fractures - current concepts in Management	Dr Mallikarjun Swamy B (Bangalore)	10 mins
01:40 PM - 01:50 PM	Role of sagittal alignment restoration in Degenerative scoliosis.	Dr Neeraj B Vasavada (Gujarat)	10 mins
01:50 PM - 02:10 PM	Hadgaonkar - Gururaj Spine Protocol for Geriatric care (HG- SPG) A Multidimensional Framework for Assesment and management	Dr Shailesh Hadgaonkar (Maharashtra)	20 mins
02:10 PM - 02:20 PM	Management and advances in Osteoporotic Odontoid fractures	Dr Appaji krishnan (Chennai)	10 mins
02:20 PM - 02:30 PM	Upper cervical spine injury in elderly- management	Dr Shashank Kale (Delhi)	10 mins

02:30 PM - 03:20 PM	SESSION 8: ORTHOBIOLOGIC		
	Chairpersons: Dr Madhan Jeyaraman, Dr Aroop Mukherjee, Dr Rajesh Gupta		
02:30 PM - 02:40 PM	Changing Dynamics in DCGI Approved BMMSCS in management of Osteoarthritic knees	Dr S. S. Amarnath (Bangalore)	10 mins
02:40 PM - 02:50 PM	Redefining Orthobiologics for Geriatric Care	Dr Madhan Jeyaraman (Chennai)	10 mins
02:50 PM - 03:00 PM	Autologous conditioned serum in OA knee	Dr Siddharth Ramesh Babu (Chennai)	10 mins
03:00 PM - 03:10 PM	Anabolic Therapy in Osteoporosis	Dr Ajit Kumar Surin (Bhubaneswar)	10 mins
03:10 PM - 03:20 PM	Intra discal ozone in geriatric spine	Dr Prasham Shah (Mumbai)	10 mins
03:20 PM - 04:30 PM	SESSION 9: GERIATRIC HEALTH BEYOND HOSPITAL		
	Chairpersons: Dr Gaurav Gupta, Dr N. J. Karne, Dr Amulya Singh		
03:20 PM - 03:30 PM	Medicolegal aspects on Geriatric care	Dr Prakash Sigedar (Jalna)	10 mins
03:30 PM - 03:40 PM	Diabetic foot wound management by Ozone therapy	Dr Deepak Sahotra (Gurdaspur)	10 mins
03:40 PM - 03:50 PM	Role of artificial intelligence in fall prevention in Elderly population in India	Dr Mohit Kumar Arora (Gurugram)	10 mins
03:50 PM - 04:00 PM	Maintaining health in presence of co-morbidities	Dr Aroop Mukherjee (Delhi)	10 mins
04:00 PM - 04:10 PM	Precautions in Surgical planning in RA patients	Dr Amulya Singh (Patna)	10 mins
04:10 PM - 04:20 PM	Prolotherapy using Hydrozone in geriatric knees with immediate return of movements	Dr Prasham Shah (Mumbai)	10 mins
04:20 PM - 04:30 PM	Aging Gracefully	Dr Ramesh Krishna K (Bangalore)	10 mins
04:30 PM - 05:20 PM	SESSION 10: ADVANCES IN GERIATRIC ORTHOPEDICS AND FRACTURE CARE		
	Chairpersons: Dr Rajiv Jain, Dr Prasham Shah, Dr Vineet Dabas		
04:30 PM - 04:40 PM	Frozen Shoulder: Dr Karne Protocol : Give faster and full ROM	Dr N J Karne (Pune)	10 mins
04:40 PM - 04:50 PM	Buerger’s disease -no more rocket science	Dr Arvind Jain Diwakar (Lalitpur)	10 mins
04:50 PM - 05:00 PM	Delirium in Hip fractures of Elderly	Prof Tanmoy Mohanty (Bhubaneswar)	10 mins
05:00 PM - 05:10 PM	Augmentation in Inter-trochanteric fractures in elderly	Dr Samarth Mittal (Delhi)	10 mins
05:10 PM - 05:20 PM	Status of Elderly in contemporary India	Dr Yash Gulati (Delhi)	10 mins
05:20 PM - 05:50 PM	Wealth Management (Anand Rathi)	Ms Poonam Raghuvanshi	30 min
06:00 PM - 07:00 PM	INAUGURAL CEREMONY		
07:00 PM ONWARDS	GALA DINNER WITH MUSICAL NIGHT		
CONFERENCE HALL DAY-1 24TH OCTOBER SATURDAY			
Time	Topic	Speaker/Moderator	Duration
08:00 AM ONWARDS	REGISTRATION		
10:00 AM - 10:48 AM	FREE PAPER PRESENTATION		
	Chairpersons: Dr G D Tharadara, Dr Vikas Tandon		
10:00 AM - 10:08 AM	Beyond the Anterior Approach: A Novel Strategy for Complex De Novo Scoliosis	Dr Chaitanya Kadam	6+2 mins
10:08 AM - 10:16 AM	Evaluation of burden on hospital healthcare due to geriatric hip fractures	Dr Harshit Kulshreshtha	6+2 mins
10:16 AM - 10:24 AM	Corrective Osteotomy and Tibial Plating for Post-Septic Valgus Deformity of the Knee in an Adolescent: A Case Report	Dr Gowtham raj	6+2 mins
10:24 AM - 10:32 AM	Restoration and Maintenance of Spinopelvic Alignment Following TLIF Versus OLIF: A Comparative Longitudinal Study	Dr Deepak Ranjan Patro	6+2 mins
10:32 AM - 10:40 AM	Cement-Augmented Screws: Game Changer — A Case Series	Dr Chaitanya Kadam	6+2 mins
10:40 AM - 10:48 AM	Predictors of Walking Ability After Surgery for Lumbar Spinal Stenosis: A Prospective Observational Study	Dr Ponnuru Nagaraju	6+2 mins
12:00 NOON to 01:10 PM	GOLD MEDAL PAPER PRESENTATION		
	Chairpersons: Dr S. S. Amarnath, Dr Vijay Goni, Dr Sameer Mehta		
12:00 NOON - 12:10 PM	Modified Frailty Index-5 as a Predictor of 30-Day Postoperative Complications in Surgically Managed Geriatric Hip and Distal Radius Fractures: A Retrospective Cohort Study	Dr Gaurav Vatsa	8+2 min
12:10 PM - 12:20 PM	Hydroxyapatite-Coated Versus Plain Titanium Pedicle Screws In Osteoporotic Spine: A Randomized Ct-Based Comparative Study	Dr Ashutosh kapoor	8+2 min
12:20 PM - 12:30 PM	Role of Intraoperative Neuromonitoring and Efficacy of Signals in Cervical Spine Surgery	Dr Sandesh Subhash Agrawal	8+2 min
12:30 PM - 12:40 PM	Expandable Versus Static Interbody Cages in Single- and Two-Level TLIF for Degenerative Lumbar Disease: Radiological, Functional, and Cost-Utility Outcomes With a Secondary Analysis in Elderly Patients.	Dr Sharran M	8+2 min
12:40 PM - 12:50 PM	Effect of Screw Subsidence on Hip Function: A Comparative Prospective Study of Locked (HALIFAX) versus PFNA-2 in Unstable Trochanteric Fractures	Dr Gyan Prakash	8+2 min
12:50 PM - 01:00 PM	Femoral Neck System Versus Hip Arthroplasty in Elderly Patients with Femoral Neck Fractures: A Prospective Randomized Comparative Study	Dr Puneet Kumar Gupta	8+2 min
01:00 PM - 01:10 PM	Real-World Skeletal and Patient-Reported Outcomes Following 12 Months of Romosozumab Treatment: A Retrospective Observational Study	Dr Sourav Mazumder	8+2 min
01:00 PM - 01:30 PM	LUNCH BREAK		
03:00 PM - 03:10 PM	GOSI AND DSS SPINE SYMPOSIUM		
03:00 PM - 03:05 PM	Welcome Address	Dr Vikas Tandon (PRESIDENT)/ (Delhi)	5 min
03:05 PM - 03:10 PM	Introduction	Dr Gururaj Sangondimath (ORGANISING SECRETARY)/ (Delhi)	5 min
03:10 PM - 04:20 PM	SESSION OCCIPUT		
	Chairpersons: Dr Rupindher Chahal, Dr Arun Bhanot, Dr Manoj Sharma		
03:10 PM - 03:20 PM	Poly Trauma in a Geriatric Patient With Spine Fracture	Dr Kamran Farooque (Delhi)	10 min
03:20 PM - 03:30 PM	Spinal Cord Injuries in Geriatric age Group	Dr Sunil Katoch (Delhi)	10 min
03:30 PM - 03:40 PM	Role of Multi Rod Constructs in Osteoporotic Spine	Dr Kalidutta Das (Delhi)	10 min
03:40 PM - 03:50 PM	How to Minimise Morbidity and Complications in Anterior Spine Surgeries	Dr Dheeraj Batheja (Gurugram)	10 min
03:50 PM - 04:00 PM	Role of ADR Eldery	Dr Bibhudendu Mohapatra (Delhi)	10 min
04:00 PM - 04:10 PM	How I Minimise Implant Failure in Osteoporotic Spine - My Way or Hi Way	Dr Vikas Tandon (Delhi)	10 min
04:10 PM - 04:20 PM	Discussion (Q&A)		10 min

04:20 PM - 05:30 PM	SESSION ATLAS		
	Chairpersons: Dr Vikas Tandon, Dr Ankur Nanda, Dr Sunil Katoch		
04:20 PM - 04:30 PM	Is Endoscopic Spine Surgery A Game Changer In Elderly	Dr Manoj Sharma (Delhi)	10 min
04:30 PM - 04:40 PM	How I Select My Cases For Endoscopy / Open Surgery In Degenerative Spine	Dr Arun Bhanot (Gurugram)	10 min
04:40 PM - 04:50 PM	How Much Fixation/ When/ Why	Dr Ankur Nanda (Delhi)	10 min
04:50 PM - 05:00 PM	Hip- Spine - Pelvis - What Should Be Corrected First.	Dr Rajat Mahajan (Delhi)	10 min
05:00 PM - 05:10 PM	“Segmental Lordosis Restoration - Fact or Fiction”	Dr Neeraj Gupta (Delhi)	10 min
05:10 PM - 05:20 PM	Standalone Kyphoplasty and Vertebroplasty - Do They Still Hold Relevance	Dr M. L. Bansal (Delhi)	10 min
05:20 PM - 05:30 PM	Discussion (Q&A)		10 min
05:30 PM - 06:00 PM	SESSION AXIS		
	Chairpersons: Dr Kalidutta Das, Dr M. L. Bansal, Dr V. S. Madan, Dr Dheeraj Batheja		
05:30 PM - 05:40 PM	How to Balance Research and Professional Practice	Dr Bhavuk Garg (Delhi)	10 min
05:40 PM - 05:50 PM	Trick of Publishing Papers	Dr Abhishek Shrivastav (Delhi)	10 min
05:50 PM - 06:00 PM	How to Develop New Skills - Overcoming Learning Curve	Dr Abhishek Kashyap (Delhi)	10 min
06:00 PM - 07:00 PM	INAUGURAL CEREMONY – AUDITORIUM		
07:00 PM ONWARDS	GALA DINNER WITH MUSICAL NIGHT		
SARIN PARK DAY-2 25TH OCTOBER SUNDAY			
Time	Topic	Speaker	Duration
07:00 AM - 08:00 AM	GOSICON TOWN HALL FOR SENIOR CITIZEN		
	Moderators: Dr Gururaj Sangondimath, Dr John Ebnezar		
07:00 AM - 07:15 AM	Health Talk	Dr Gururaj Sangondimath (Delhi)	15 mins
07:15 AM - 07:25 AM	Chief guest address to the gathering	Shri Kailash Gahlot	10 mins
07:25 AM - 07:45 AM	Yoga	Yoga Instructor	20 mins
07:45 AM - 08:00 AM	Wealth Management (Anand Rathi)	Ms Minisha Rupani	15 mins
08:00 AM - 08:30 AM	Music		30 mins
	Breakfast and Interaction with World Renowned Orthopedic Surgeons		
AUDITORIUM DAY-2 25TH OCTOBER SUNDAY			
Time	Topic	Speaker	Duration
08:00 AM ONWARDS	REGISTRATION		
08:30 AM - 10:00 AM	SESSION 1: GERIATRIC KNEE & UPPER LIMB		
	Chairpersons: Dr Kunal Aneja, Dr Mirant Dave, Dr Monu Singh		
08:30 AM - 08:40 AM	Simultaneous HTO + medial meniscus posterior root repair	Dr Gaurav Gupta (Kolkata)	10 mins
08:40 AM - 08:50 AM	Management of neglected degenerated rotator cuff tears in Elderly population	Dr Monu Singh (Manesar)	10 mins
08:50 AM - 09:00 AM	Use of MIS techniques for reduction and fixation of Geriatric fractures (including MIROS)	Dr Nilay Hande (Maharashtra)	10 mins
09:00 AM - 09:10 AM	“Fragility # U/E humerus - Spectrum of Mx “	Dr Havind Tandon (Delhi)	10 mins
09:10 AM - 09:20 AM	RSA (Reverse Shoulder Arthroplasty) in cuff deficiency in Elderly patient	Dr Shekhar Srivastava (Delhi)	10 mins
09:20 AM - 09:30 AM	The KAMBA Technique: A Prospective Cohort Study of a Triple-Space, Soft-Tissue–Driven CORI-Assisted BCS-2 Arthroplasty Compared With Published Robotic Benchmarks	Dr Kirti Moholkar (UK)	10 mins
09:30 AM - 09:40 AM	Multilock nail in Geriatric proximal Humerus fracture	Dr Amit Bansal (Delhi)	10 mins
09:40 AM - 09:50 AM	Osteosarcopenia (Pharmed)	Dr Apoorv Dua (Delhi)	10 mins
09:50 AM - 10:00 AM	Unmasking Secondary Osteoporosis - An Orthopaedic perspective	Dr Rajiv Jain (Delhi)	10 mins
10:00 AM - 11:10 AM	SESSION 2: SPINE		
	Chairpersons: Dr Bharat Dave, Dr C. S. Dhillon, Dr Ajoy Shetty		
10:00 AM - 10:10 AM	When to do biopsy in benign looking osteoprotic vertebral fractures to give maximum benefit to the patient	Dr Vijay Kumar khariwal	10 mins
10:10 AM - 10:20 AM	Cervical spondylotic myelopathy in elderly -How practice have changed over a decade?	Dr Amrithlal Mascarenhas (Bangalore)	10 mins
10:20 AM - 10:30 AM	Awake Spine Surgery - is it a Game Changer in Elderly	Dr Vishal Kundnani (Mumbai)	10 mins
10:30 AM - 10:40 AM	MISS and Role of endoscopy in elderly population	Dr Ayush Sharma (Mumbai)	10 mins
10:40 AM - 10:50 AM	Anterior spine surgery- feasibility and validity in geriatric population	Dr C. S. Dhillon (Chennai)	10 mins
10:50 AM - 11:00 AM	Prevention and management of complication in degenerative spine surgeries	Dr Bharat Dave (Ahmedabad)	10 mins
11:00 AM - 11:10 AM	Bleeding Challenges and Management in Orthopaedic Spine Surgery (Industry Sponsored Session)	Dr H. S. Chhabra (Delhi)	10 mins
11:10 AM - 12:10 PM	SESSIONS 3: WOMEN IN GERIATRIC ORTHOPEDICS		
	Chairpersons: Dr Rajesh Malhotra, Dr Shobha Arora, Dr Kumar Shantanu Anand		
11:10 AM - 11:20 AM	Hip fractures in elderly women-from emergency to functio al recovert	Dr Mrudhula Buddana (Andhra Pradesh)	10 mins
11:20 AM - 11:30 AM	“Massive Rotator Cuff Tears in Elderly Women: Repair, Reconstruct, or Replace? A Patient-Centred Treatment Algorithm”	Dr Ravisha Bharadwaj (Delhi)	10 mins
11:30 AM - 11:40 AM	Regenerative medicine in managing OA in elderly women	Dr Aarti Dewan (Amritsar)	10 mins
11:40 AM - 11:50 AM	Joint replacement in the elderly-Challenges and special consideration	Dr Rajesh Malhotra (Delhi)	10 mins
11:50 AM - 12:00 AM	Bone quality and osteoporosis-Gender differences	Dr Rushma Tandon (Delhi)	10 mins
12:00 AM - 12:10 AM	Discussion (Q&A)		10 mins
12:10 PM - 12:40 PM	SESSIONS 4: DR JOHN EBNEZAR’S PRESIDENTIAL ORATION		
	Chairpersons: Dr Ajoy Shetty, Dr Rushma Tandon, Dr Rajiv Maheshwari		
12:10 PM - 12:40 PM	To Cure ... Always Care, Never Scare	Dr Ram Chaddha (Mumbai)	30 Min
12:40 PM - 01:00 PM	Recent Advances Osteoporosis Medical Management - unheard Facts	Dr Sunil Marwah (Haryana)	20 mins
01:00 PM - 01:40 PM	LUNCH BREAK		

01:40 PM - 02:40 PM	SESSIONS 5: SPECIAL INVITED TALKS		
	Chairpersons: Dr Vishal Kundnani, Dr Samarjit Singh, Dr Jujhar Singh		
01:40 PM - 01:50 PM	Role of Robotic spine surgery in elderly	Dr Vidyadhara S (Bangalore)	10 mins
01:50 PM - 02:00 PM	Role of Robotics in Complex TKR in the elderly	Dr Vivek Mahajan (Delhi)	10 mins
02:00 PM - 02:10 PM	Biomimetic implants: next gen implants for geriatric osteoporotic bone	Dr Vikas jain (Gujarat)	10 mins
02:10 PM - 02:20 PM	Complications and failure patterns following Geriatric spine trauma surgeries.	Dr H. S. Chhabra (Delhi)	10 mins
02:20 PM - 02:30 PM	Age-related surgical strategies for thoracolumbar fractures	Prof Mohammed Maziad (Egypt)	10 mins
02:30 PM - 02:40 PM	The Orthopaedic Ego Versus Geriatric Reality	Dr H. N. Bajaj (Delhi)	10 mins
02:40 PM - 03:45 PM	SESSIONS 6: SPECIAL INVITED TALKS		
	Chairpersons: Dr Manoj Sharma, Dr Sameer Mehta		
02:40 PM - 02:55 PM	Tips & Tricks for Arthroplasty in Fracture Neck Femur.	Prof Shubhranshu S. Mohanty (Mumbai)	15 Min
02:55 PM - 03:05 PM	Revision joint replacement surgery in eldery patients - Challenges	Dr Rajesh Malhotra (Delhi)	10 Min
03:05 PM - 03:15 PM	Advancing spine surgery in Geriatric patients	Dr Ajoy Shetty (Coimbatore)	10 Min
03:15 PM - 03:25 PM	Valgus osteotomies for management of proximal Humerus malunion in Elderly- When, Why & How.	Dr Sergio Rowinski (Continent)	10 Min
03:25 PM - 03:40 PM	Futuristic approach in Geriatric Orthopaedics (Pharmed)	Dr John Ebnezar (Bangalore)	15 Min
03:40 PM - 03:45 PM	Discussion (Q&A)		05 Min
03:45 PM - 04:45 PM	SESSIONS 7: COMBINED SESSION		
	Chairpersons - Dr C. S. Dhillon, Dr Ankur Nanda, Dr Satpal Gupta, Dr Biswaranjan Nayak		
03:45 PM - 03:55 PM	Evaluation and Management of Vertebra Plana (Multiple myeloma / Mets)	Dr Priyank Patel (Mumbai)	10 min
03:55 PM - 04:05 PM	Spine, Hip and knee syndrome - which one to address first	Dr Dhiraj V Sonowane (Mumbai)	10 min
04:05 PM - 04:15 PM	Beyond Mechanical Alignment: CPAK in the modern TKA era	Dr Kunal Aneja (Delhi)	10 min
04:15 PM - 04:25 PM	Synthetic grafts in knee & Shoulder Arthroscopy, where do we stand	Dr Abhishek Mishra (Delhi)	10 min
04:25 PM - 04:35 PM	MISS-fixation for Osteoporotic thoracolumbar spine fractures in Elderly	Dr Biswaranjan Nayak (Delhi)	10 min
04:35 PM - 04:45 PM	Orthobiologics in Shoulder disorders	Dr Bushu Harna (Delhi)	10 min
04:45 PM - 05:55 PM	SESSION 8: FRACTURE-FRAGILITY NETWORK (FFN)		
	Chairpersons: Dr H S Chhabra, Prof Vijay Sharma, Dr Vikas Jain		
04:45 PM - 04:55 PM	AI and digital tools for fragility fracture risk prediction	Dr S. S. Amarnath (Bangalore)	10 mins
04:55 PM - 05:05 PM	Orthogeriatric co-management models for hip fracture care	Dr Meenal Thakral (Gurugram)	10 mins
05:05 PM - 05:15 PM	Fracture Liaison Services (FLS) in India — barriers and implementation strategies	Prof Vijay Sharma (Delhi)	10 mins
05:15 PM - 05:25 PM	Perioperative optimization of the frail elderly hip fracture patient	Dr Neha Garg (Delhi)	10 mins
05:25 PM - 05:35 PM	Implant and fixation strategy in osteoporotic bone	Prof Rajesh Malhotra (Delhi)/ Dr Sahil Batra (Delhi)	10 mins
05:35 PM - 05:45 PM	Nursing in OrthoGeriatrics	Mr Pankaj Singhal (Delhi)	10 min
05:45 PM - 05:55 PM	Discussion (Q&A)		10 min
05:55 PM ONWARDS	VALEDICTORY		
CONFERENCE HALL DAY-2 25TH OCTOBER SUNDAY			
Time	Topic	Speaker	Duration
08:00 AM ONWARDS	REGISTRATION		
09:30 AM - 11:30 AM	SESSION 1: WHOLISTIC GERIATRIC CARE		
	Chairpersons: Dr S. S. Jha, Dr John Ebenezar, Dr Vijay Gupta		
09:30 AM - 09:40 AM	Geriatric Nutrition & Role of Muscle Mass maintenance (Osteosarcopenia)	Dr S. S. Amarnath (Bangalore)	10 mins
09:40 AM - 09:50 AM	Radiological Dielemma in Elderly	Dr Vishal Goel (Delhi)	10 mins
09:50 AM - 10:00 AM	Neurological Disorders in Elderly	Dr Rahul Chawla (Delhi)	10 mins
10:00 AM - 10:10 AM	Psychiatric Health in Geriatric Population	Dr Divya Parashar (Delhi)	10 mins
10:10 AM - 10:20 AM	Bladder Care in Veterans	Dr Dinesh Suman (Delhi)	10 mins
10:20 AM - 10:30 AM	Vertigo Management in elderly	Dr Vijay Gupta (Jammu & Kashmir)	10 mins
10:30 AM - 10:40 AM	Opiod use in elderly : Safe prescribing and monitoring	Dr Vivek Loomba (Delhi)	10 mins
10:40 AM - 10:50 AM	Optimisation of Geriatric Patients for Surgery	Dr P. R. Chauhan (Delhi)	10 mins
10:50 AM - 11:00 AM	Foot Care Practices or Geriatric Patients	Dr A. P. S. Suri (Delhi)	10 mins
11:00 AM - 11:10 AM	How to Take Care of Gut Health	Dr Shubham Vatsya (Delhi)	10 mins
11:10 AM - 11:20 AM	Fall Prevention in Elderly	Dr Bharat Dave (Ahmedabad)	10 mins
11:20 AM - 11:30 AM	Discussion (Q&A)		10 mins
11:30 AM - 12:55 PM	E- POSTER PRESENTATION		
Screen 1	Perioperative Bone Health Optimization in Lumbar Spinal Fusion: A Narrative Review of Screening, Pharmacologic, and Surgical Strategies	Dr Aditya Shah	3+2 mins
Screen 1	Use of cement spacer to bridge post corpectomy defect in spinal infection	Dr Nischal RS	3+2 mins
Screen 1	Limb-Salvage Surgery for Proximal Femoral Chondrosarcoma with Endoprosthetic Reconstruction	Dr Gowtham Raj	3+2 mins
Screen 1	A rare case of congenital lordoscoliosis with type 2 respiratory failure managed by halo femoral and halo pelvic traction- a case report	Dr Rishab Kafley	3+2 mins
Screen 1	Cemented Bipolar Hemiarthroplasty for a Neglected Subcapital Fracture Neck of Femur in an Elderly Patient: A Case Report	Dr Yadav Rahul Ramdular	3+2 mins
Screen 2	O-arm Navigation-assisted Excision of Cervical Osteoid Osteoma Adjacent to the Vertebral Artery: Technical Note and Case Report	Dr Sandesh Subhash Agrawal	3+2 mins
Screen 2	Computed tomography based study on feasibility of C1 posterior arch crossing screw fixation	Dr N Monish	3+2 mins
Screen 2	Management and Functional Outcome of Proximal Humerus Fractures Treated with Philos Plating	Dr Abhyuday Singh	3+2 mins
Screen 2	Sudden Bilateral Foot Drop -A Rare Presentation Of Lumbar Canal Stenosis	Dr M. Sharath Rao	3+2 mins
Screen 2	Total Knee Replacement for Grade IV Osteoarthritis of the Right Knee: A Case Report	Dr Ramkrishna Vijay Thorat	3+2 mins
Screen 3	Correlation of Radiological Union with Functional Outcome in Tibial Shaft Fractures	Dr Bhanu	3+2 mins
Screen 3	“The Forgotten Hip in Paraplegia: An Underrecognized rare Complication of Spinal Cord Injury.”	Dr Kunal Rahane	3+2 mins
Screen 3	Management and Functional Outcome of Proximal Humerus Fractures Treated with Philos Plating	Dr Abhyuday Singh	3+2 mins
Screen 3	A Rare Case Of Chronic Subdural Haematoma Presenting With Paraperesis -A Case Report	Dr Rohan Jogeswar	3+2 mins
Screen 4	Outcome of Clavicle Fractures Treated with Precontoured Locking Plate Fixation	Dr Shaurya Singh	3+2 mins
Screen 4	A Rare Case Of Paraperesis Due To L5-S1 Intervertebral Disc Prolapse	Dr Akhil Babu	3+2 mins

Screen 4	Age with Movement, Move with Age Reframing Geriatric Orthopaedics Through a Public Health Lens	Dr Kalika	3+2 mins
Screen 4	Accuracy and Radiological Outcomes of O-arm Navigated Pedicle Screw Fixation in Highly Unstable Thoracolumbar Spine Fractures	Dr Jay N. Sakore	3+2 mins
Screen 4	Post Operative Mycobacterium Abscessus Spondylodiscitis Following a Lumbar Tlif - A Rare Case Report	Dr Ponnuru Nagaraju	3+2 mins
12:40 PM - 01:40 PM	LUNCH BREAK		
01:40 PM - 02:36 PM	FREE PAPER PRESENTATION		
	Chairpersons: Dr Rajiv Jain, Dr Gaurav Govil		
01:40 PM - 01:48 PM	Which Fractures Consume the Most Radiation? Predictors of Intraoperative Fluoroscopy Use During Orthopaedic Trauma Surgery: A Prospective Observational Study	Dr Gaurav Vatsa	6+2 mins
01:48 PM - 01:56 PM	Clinical study on efficacy of PRP Injection in management of early osteoarthritis of knee joint	Dr Pavan Kumar Biradar	6+2 mins
01:56 PM - 02:04 PM	Radiological Restoration and Maintenance of Segmental and Spinopelvic Alignment Following Oblique Lumbar Interbody Fusion: A One-Year Case Series	Dr Nagendra	6+2 mins
02:04 PM - 02:12 PM	Lower Risk of Periprosthetic Femoral Fracture with a Composite Beam versus a Polished Taper-Slip Stem in Cemented Hip Arthroplasty: A 20-Year Single-Centre Retrospective Analysis	Dr Vineet Batta	6+2 mins
02:12 PM - 02:20 PM	Triple Guidance for Precision and Accuracy of First 100 Cervical Pedicle Screw Placements Using O-Arm, Navigation and Intraoperative Neuromonitoring (Ionm)	Dr Sandesh Agrawal	6+2 mins
02:20 PM - 02:28 PM	Randomised controlled trial of endoscopic vs microscopic discectomy in lumbar disc herniation	Dr Jay N. Sakore	6+2 mins
02:28 PM - 02:36 PM	Outcome of primary myoplasty in compound (Grade 3B) tibia fractures	Dr Rishab Kafley	6+2 mins
06:00 PM ONWARDS	Valedictory (Hall - A)		